

**TEČAJ ZNANOSTI VEDSKE YOGE I AYURVEDE  
U HOTELU „KORINJAK“, IŽ  
Od 27.05.2012. (nedjelja) do 03.06.2012. (nedjelja)**

**TEMA TEČAJA: AYURVEDA I YOGA TERAPIJA; PULSNA  
DIJAGNOSTIKA; MARMA TERAPIJA; ZNANOST VEDSKE YOGE -  
IZUČAVANJE NAČELA I NJIHOVA PRAKTIČNA PRIMJENA**

**GOST PREDAVAČ: Dr.med. Ernst Schrott - vodeći europski stručnjak za  
Ayurvedu i Marma terapiju.**

**Od 27.05.2012. (nedjelja) do 03.06.2012. (nedjelja)** održati će se tečaj Ayurvede i Znanosti Vedske Yoge u HOTELU „KORINJAK“, otok IŽ koji je okružen je prekrasnom prirodom i tišinom. Sve o hotelu saznajte na: [www.korinjak.hr](http://www.korinjak.hr)

Cijena punog pansiona za tjedan dana iznosi 250,00 Eura. Svi učesnici tečaja biti će smješteni u udobnim jednokrevetnim sobama. Naknada za tečaj iznosi 250,00 Eura. U naknadi za tečaj su uključeni i svi pisani materijali vezani uz tečaj. Za vježbe ćemo koristiti dvoranu u sklopu hotela stoga je nužno da svi učesnici tečaja borave u hotelu. Tečaj je po standardu od 600 sati i verificiran je od European Yoga Federation, te će po završetku svi polaznici dobiti certifikat od DŠR „SUNCE“; EUROPEAN YOGA FEDERATION, WORLD MOVEMENT FOR YOGA AND AYURVEDA I WORLD ACADEMY FOR AYURVEDA, INDIA .

Posebnost ovog tečaja je da će polaznici tijekom tečaja također učiti Ayurvedsku pulsnu dijagnostiku, marma terapiju te imati priliku dobiti savjete Ayurvedske medicine od Dr. med. Ernsta Schrotta u vezi svog zdravstvenog stanja.

Pozivam Vas na sudjelovanje u programima ZNANOSTI VEDSKE YOGE i veselim se druženju s Vama. Molim Vas da o navedenim programima upoznate i svoje prijatelje. Prijavite se Jadranku Miklecu na tel: 01 2980663 ili mob: 0959147314, e-mail: [jadranko@vedic-yoga.org](mailto:jadranko@vedic-yoga.org) Za informacije o ostalim tečajevima pogledajte na [www.vedic-yoga.org](http://www.vedic-yoga.org) ili [www.yoga-centar.com](http://www.yoga-centar.com)

Tečaj provode:

**Dr. med. Ernst Schrott - direktor Akademie der Deutschen Gesellschaft für Ayurveda**  
Arzt für Naturheilverfahren  
Vorstand Deutsche Gesellschaft für Ayurveda  
Leiter Deutsche Ayurveda Akademie  
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EDUCATION  
STUDY

Ludwig-Maximilians-Universität, München 1972-1978

DOCTOR OF MEDICINE 1979

Ludwig-Maximilians-Universität, München

MEDICAL RESIDENCY

Orthopaedics and Rheumatology 1980-1982

Orthopädische Klinik I des Rheumazentrums

Bad Abbach (Prof. Wessinghage)

Anaesthesia 1982

Orthopädische Klinik I des Rheumazentrums

Bad Abbach (Dr. Lutz)

Natural Medicine and General Medicine 1982- 1984

Joint Practice Dr. Ulf Evertz, Bad Abbach

Natural Medicine 1984

Akutklinik für Innere Medizin, Augsburg-Deuringen (Dr. M. Stübler,

Dr. Kleindienst)

ADDITIONAL MEDICAL EDUCATION 1984-1990

Akupunktur, Homöopathie, Chirotherapy, Balneotherapy

Authorization for doctors training in natural medicine

administered by Bayerische Landesärztekammer (Official Chamber of Medical Doctors)

VEDIC MEDICINE

Veda in Physiology: Practical experience by Intensive training courses in the system of Yoga including Maharishi Mahesh Yogis Transcendental Meditation and TM-Siddhis-Programme 1972 - 1979

Ayurveda – Postgraduate Study at Maharishi Vedic University, Holland  
1984- 1998

With specific doctors Training courses

o Seelisberg (Switzerland), Como (Italy), Valkenburg, Surya (Netherlands),

o Schleddehausen (Germany)

o Maharishi Ayurveda Arogyadham Hospital, Delhi

Pancha Karma Training Course, Surya (Netherlands) 1993

TEACHERS

Dr. Ramanuja Raju, Delhi/Hyderabad; Dr. Dev Triguna, Delhi;

Prof. Ranga Rao, Hyderabad; Asthavaidya Narayanan Mooss (MVU, Holland);

Dr. Kasture (Panchakarma)

PRATICE OF AYURVEDA

Medical director Maharishi Ayurveda Panchakarma Centre 1993-1998

Regensburg

Application of Ayurveda in daily practice 1984-Present

SCIENTIFIC RESEARCH and PUBLICATIONS

PAPERS

Clinical study on Meralgia paraesthetica in patients with coxarthrosis

Orthopaedic Clinic I, Bad Abbach (Prof. Dr. D. Wessinghage) 1981

EEG, Consciousness and Transcendental Meditation 1982-1983

Different Publications about subjects in the field of Natural Medicine,  
Ayurveda, Meditation 1990-2000

#### BOOKS

Several Books on Ayurveda, Meditation, Gandharva Veda 1995- 2005

Editor (Schrott/Schachinger) of “Handbuch Ayurveda”, Thieme-Verlag, 2005, 2005

A Handbook on Ayurveda for doctors and medical professions, with preface  
of the Indian Health Minister, Mrs. Panabaka Lakshmi

Editor (Schrott /Prof. Ammon) of “Ayurvedische Heilpflanzen Indiens und 2007

Europas- ein Vergleich“ (Wissenschaftliche Verlagsgesellschaft Stuttgart)

(in preparation)

#### AYURVEDA HERBAL MEDICINE

“Heilpflanzen und Präparate der ayurvedischen Medizin. Lexikon für Ärzte und  
Apotheker.” Dr. Schrott /Dr. James Duke.

Software on 500 ayurvedic herbs and related ayurvedic preparations 2006

#### STATUS

Co-founder of the German Association of Ayurveda 1987

(Deutsche Gesellschaft für Ayurveda), the German Ayurveda

Doctors Association

Vice-president German Association of Ayurveda 2005-Present

Founder and Director German Ayurveda Akademie 2002-Present

#### AWARDS

“Ambassador of Ayurveda 2005-2006”, 2006

Peediyakkal Medical and Charitable Trust, Kerala, India

**Jadranko Miklec** - učitelj Znanosti vedske voge, Maharishijeve vedske znanosti i  
transcendentalne meditacije, međunarodni glavni tajnik Svjetske Akademije za Ayurvedu iz  
Indije i Vanaushadi Bhashagacharya (stručnjak za ljekovito bilje). Član savjeta Europske  
Yoga Federacije i Svjetskog Pokreta za Yogu i Ayurvedu. Suradnik Instituta za sport  
Sveučilišta u Tubingenu, Njemačke Akademije za Ayurvedu i Morarji Desai – Nacionalnog  
instituta za Yogu, India.

Puno pozdrava

Jadranko Miklec

#### NEDJELJA

Polasci iz Zadra za Iž: 8,10 brod; 15,30 trajekt; 16,00 brod; 20,10 brod

Polasci s Iža: 14,20 brod; 18,30 brod; 19,45 trajekt